

ULTRA TRAIL DU TEMPLE

GENERAL RULES AND REGULATIONS

Index

1. Event Description	
1.1 Race Format	Pag. 2
1.2 Date and Time	Pag. 2
1.3 Start / Finish points	Pag. 2
1.4 Max / Time Limit	Pag. 2
1.4.1 Cut-Off Times	Pag. 2
1.5 Runners' Registration	Pag. 2
1.6 Transport and Shuttle Service	Pag. 3
1.7 Refund	Pag. 3
1.8 Liability Disclaimer	Pag. 4
2. Course	
2.1 Course Rules	Pag. 4
2.2 Markings, cones and flags/banners	Pag. 4
2.3 Aids Stations and Environment	Pag. 5
2.4 Race Timer	Pag. 5
2.5 Food and Drinks	Pag. 5
3. Health & Safety	
3.1 Red Cross	Pag. 5
3.2 Medical Certificate	Pag. 6
3.3 Runners' Insurance	Pag. 6
3.4 Mandatory Equipment	Pag. 6
3.5 Rules & Regulation	Pag. 7
3.6 Withdrawal	Pag. 7
3.7 Toilets	Pag. 7
3.8 Fire Prevention and Safety	Pag. 7
4. Fees	
4.1 What's Included	Pag. 8
4.2 Fees by Distance event	Pag. 8
5. Award Ceremony	
5.1 First three men & women 90Km	Pag.
5.2 First three men&women 50Km	Pag. 8
5.3 First 30Km	Pag. 8
5.4 First 10Km	Pag. 8
5.5 First age category men&women (30y.o, 40y.o. 50y.o.)	Pag. 8

EVENT DESCRIPTION

1.1 Race Format

Ultra Trail Du Temple is a competitive trail running race taking place in the Sicilian areas surrounding historic places and parks where amphitheatres and Greek temples are located, such as Segesta, Selinunte, Agrigento and more.

The race is on a semi-autonomy format which means that runners must be able to provide for their own continuity between water stations. Events comprise starting and finishing points, as well as the passage from stunning white-sanded beaches and across the Sicilian inland and National Marine Reserve, such as the Zingaro Reserve in Scopello, therefore requiring the utmost care and respect for the surrounding nature.

1.2 Date / Time and Distances

These are specified in each distance event.

1.3 Start / Finish Localities

These may differ in each distance event and it is the runners responsibility to know their own starting location. Runners who are registered in a particular distance event may not start from a different location.

1.4 Limit/Max Race Times

These are specified in each distance events

1.4.1 Cut Off Times

These have been set up because of logistic restrictions, i.e. park closing hours. Runners who will not arrive at specific check point by a certain hour will not be allowed to continue.

1.5 Runners' Registration

Official registration will close 30days before event day. This is to allow for the organization and logistic such as printing of BIB, t-shirt, medals, etc.

Runners' official registration confirmation and race pack collection will start on day before event. Tents will be arranged at start point to complete the process for every

runner in each distance event. The process involves:

- presentation of personal Insurance (**mandatory**)
- presentation of medical certificate (**mandatory**)
- equipment check (**key to proceed further**)
- race pack collection
 - BIB
 - T-shirt

1.6 Transport and Shuttle services

In cases of remote start locations, a shuttle/minibus service will be available to take runners to the start line. Bus leaving times are specified on each distance event.

Registered participants who arrive late, will have to arrange for their own transportation.

In cases of remote finish localities (for specific distances), a shuttle bus will also be available to take runners back the start line. Leaving times will be specified for each event.

A runner's drop-bags service will also be available for distances greater than 60Km.

1.7 Event Cancellation / Refund

Should a participant decide to cancel or, the event being canceled due to *force major*, refund will be as follows:

- full refund: if the cancellation occurs 30days before date of event (either cases),
- partial refund: if the cancellation occurs within 20days of start of event (participant's cancellation),
- no refund: if a cancellation takes place less than a week before the event (participant's cancellation and/or *force major*).

No refund will be issued if a participant has:

- been declared unfit to continue by the medical personnel at First Aid stations,
- exceeded the time limit at specific points,

- failed to show a full set of mandatory equipment at registration day or at random check-point through the course.

1.8 Liability Disclaimer

Voluntary registration and consequent participation in the race indicate full acceptance of these regulations and any changes made. Every participant must be aware of the risks encountered during trail running in semi-autonomy. By registering, the participant exempts the organizers from any liability, both civil and criminal, for damage to people and/or things caused, indirectly, by him or derived from him. Furthermore, by accepting this disclaimer, every participant gives permission to the organizers to use photos and/or videos taken during the events for the sole purpose of media attraction and marketing.

COURSE

2.1 Course Rules

- Team members will be stationed at various points on the course to monitor and confirm passage of the athletes as well as to check the mandatory equipment.
- Anyone skipping a check point and/or who refuses to submit to the mandatory equipment check will be immediately disqualified.
- Runners **MUST** wear their race BIB in the front, or back, and it **MUST** be visible throughout the course. This **CANNOT** be modified or used for personal scopes during the race.
- The use of headphone during the race is prohibited.
- Runners caught throwing plastic bottles/wrappings other than in the garbage bins provided will be disqualified.
- No assistance is allowed, throughout the course, other than that of team members and volunteers.
- Runners **MUST** assist other runners/participants in difficulty.

2.3 Markings, cones and flags/banners

Various gazebo, including the registration and race pack pick-up tents, will be set up

at start/finish area as well as throughout the course for water/refreshment stations. Route marking and cones will be laid out throughout the course, including fences at starting/finish areas.

2.4 Aids Station and Environment

The course is facilitated by water & refreshment stations / first AID points at approx. 10Km distance from each other with major vendor and sponsor tents at start and finish lines. No plastic cups and/or glasses will be provided. Runners must have their own cup/glass. **Participants caught disrespecting the local environment, i.e. throwing plastic wrapping on the floor, will be disqualified.** Trash bins will be provided throughout.

No support is allowed outside the refreshment area from personnel other than staff and volunteer. Accepting help from 'outsiders' will result in immediate disqualification.

2.5 Race Timers

A professional race timer will be hired to assist in the timing monitoring and live display setup, as well as coordinate the start of remote locations. Time scans will be taken at random points throughout the course.

2.6 Food & Drinks

Energy bar and saline/electrolytes drinks as well as fresh fruit and local delicatessen would be available to runners and staff ONLY. No disposable items will be supplied i.e. cups and/or glasses.

2.7 Toilets

The UTDT group will assure that the necessary hygienic facilities will be easily reachable on site, within walking distance.

HEALTH & SAFETY

3.1 Red Cross

The local Red Cross service will be hired/involved throughout the event. Ambulances with paramedical staff will be stationed at various points along the route. A risk

assessment will be carried out and an emergency plan will be put in place

3.2 Medical Certification

Every runner must produce a medical certification at registration day. This will be kept by the UTDT staff and saved on file respecting confidentiality and European GDPR rules. There will be no photocopy equipment on site. Smartphone screenshots will not be accepted.

3.3 Runners' Insurance

Runner's insurance is a prerequisite to participation. Every registrant **MUST** produce a valid Personal Insurance certificate/document that will cover the costs of:

- search & rescue
- transportation
- medical bills
- repatriation (if necessary).

3.4 Mandatory equipment

For the safety and well being of every participants as well as to make the event as enjoyable as possible, every runner **MUST** present a set of mandatory equipment at registration day. A specific station will be set up for such purposes. The list of mandatory equipment includes, but not limited to:

- 2 x 500ml water flasks
- running back-pack
- trail-running shoes
- GPS watch
- a fully charged mobile phone capable of international roaming (*with the local emergency numbers*),
- a minimum of 3 x 40g energy gels and/or chewable sugar blocks
- a minimum of 2 high energy snack bars
- waterproof jacket & trousers
- survival blankets
- whistle

- self-adhering bandages
- 2 working head-torches (with spare batteries for each)
- cap or bandana
- sunglasses
- sunscreen
- walking poles (optional); however, these MUST be carried for the full distance
- a drop-bag (optional)for events of 60+Km. Drop bags, if any, must be handed in by the specified time, at the apposite registration tent.

3.5 Rules & Regulation

Every runner must adhere to the local municipality rules, especially when entering sites of historic importance such as the Segesta Temple Park and/or the National Zingaro marine Reserve. Acts of theft, vandalism and/or public obscenity will not be tolerated and will result in immediate disqualification and legal actions. Runners who take part in the event, any distances, are further required to adhere to the following:

- have completed the payment of the relevant event fees,
- have acquired the personal Health Insurance to cover for rescue and/or repatriation costs,
- present a valid medical certificate,
- make adjustments in order to fit for the mandatory equipment,
- carry a fully charged phone capable of International roaming,
- help other fellow runners in case of any Health&Safety issues.

3.6 Withdrawal

Should any participants, at any time during the race, decide to withdraw from the event, it is their responsibility to reach the closest refreshment point/aid station and inform the Management as soon as possible. Transportation arrangements back to start line may take hours.

3.7 Fire Prevention and Safety

It is strictly prohibited to smoke and/or use any lighting devices, gas or electric,

during the entire event within the marked limits, including but not limited to the Start/Finish and registration areas as well as the entire course. Fire extinguishers will, however, be supplied at strategic locations.

FEES

4.1 What's included

All fees include:

1. transport to/from starting points,
2. access to Historic Parks / National Reserves,
3. transportation from refreshment point in case of withdrawal,
4. race pack,
5. finisher medal (for each distance),
6. winners trophies,
7. water and fresh fruit at start and every refreshment point,
8. (to be confirmed) past night (for participants only. Participant's friends and/or partners will be charged €10)

4.2 Fees by Distance event

Specified in website

AWARD CEREMONY

5.1 first three men & women 90Km

5.2 first three men&women 50Km

5.3 first three man&woman 30Km

5.4 first man&woman 10Km

5.5 first age category men&women (30 y.o , 40 y.o. , 50 y.o. , 60 y.o.)